

Support for Families: Parent / Carer Neurodevelopmental Offer September 2024-August 2025

Services across Salford have compiled this list of the support offer available to families for the academic year (September 2024-July 2025). This guide aims to provide both parents / carers and professionals the overview linked to an areas of need they feel a child may require help and support with. The support offer it describes is that available at the Getting Advice and Getting Help levels of the Thrive Framework. This support can be accessed at any point in time by parents / carers. Where a referral may be required it will state what to do. Most of the support on offer however does not require this and parents / carers are able to access the support independently.

Over the year the support offer may change with additional sessions being added. This provides you with an overview of the offer currently available (September 24). Any updates to the offer will be added to the Neurodevelopmental webpages [Salford's neurodevelopmental offer•Salford City Council](#). Please do keep checking the website for this information.

The support offer is set out as follows;

- Information on the area of need the parent / carer may want support with and an overview of what the session involves.
- The service / team who will deliver the session.
- How the support can be accessed i.e. via an online booking system, telephone number or referral process. The contact information and clickable links to the relevant booking system are included as hyperlinks.
- The dates of the sessions for the next year.

It is categorised into areas such as self care, sensory, learning, speech, language and communication and understanding behaviour.

Please remember when thinking about what support would be most beneficial consideration is given to;

- What the priority is currently?
- What can a parent / carer commit and attend and which option is most suitable to their needs?
- What have they previously accessed and how this helped?

We hope that you find this document useful. If you are aware of additional support that has not been included please email AdminNeuroDevelopment@salford.gov.uk. We want to ensure consistent information is available for parents / carers and professionals to access.

PARENT / CARER SUPPORT OFFER SEPTEMBER 2024-AUGUST 2025

| Topic | Details | Team | Accessed via and links | From September 2024 |
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| SLEEP SUPPORT | | | | |
| Promoting Good Sleep for Neurodivergent Children and Young People | Understanding why sleep may be difficult alongside practical strategies to support good sleep. | Learning Disability Nursing Team | Events Booking System (zipporah.co.uk) | 23rd September 2024 1-2pm 11 th November 2024 1-2pm 13 th January 2025 1-2pm |
| SELF-CARE | | | | |
| Toileting, eating, sleep, behaviour | Initial advice and guidance on these areas. | 0-19 Team | 0-19 Team Duty Line North Locality: 0161 206 7525 South Locality: 0161 206 3819 Central Locality: 0161 206 6081 West Locality: 0161 206 2085 | Available Monday to Friday 9am-5pm |
| UNDERSTANDING AND SUPPORTING BEHAVIOUR | | | | |
| Positive Parenting for a CYP with a disability – SEND 0-12 years | This workshop considers a range of strategies to use to support positive interactions. | Family Relationships Team | Relationships Portal | Rolling programme of seminars |
| Helping your child reach their potential – SEND | This workshop considers a range of strategies to support | Family Relationships Team | Relationships Portal | Rolling programme seminars |

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| 0-12 years | CYP to thrive. | | | |
| Changing Problem Behaviour into positive behaviour – SEND 0-12 years | This workshop looks at understanding and responding to different behaviours. | Relationships Team | Relationships Portal | Rolling programme of seminars |
| Triple P: Stepping Stones | This is a group programme for parents of pre-adolescent children and young people and considers the range of behaviours observed and the reasons for this. | Relationships Team | Relationships Portal | Group programme as required |
| Riding the Rapids | This is a 10 week intervention course focusing on understanding and supporting behaviours. It is for parents / carers of children who have autism and or a learning disability or who are under assessment for social interaction difficulties. There are 3 different courses: primary mainstream, secondary mainstream and specialist setting. | Multi-professional delivery | The following professionals can make a referral; Paediatrician, CAMHs, LD Nursing, 0-19 Team, Early Help worker. Accessed via a referral form completed by one of the above professionals. | 2-3 groups run every term Parents / carers must attend the pre-course assessment appointment so that consideration is given to whether the group is suitable. |
| SENSORY | | | | |
| Sensory workshops - Early years, primary, secondary | Workshop that explores each of the senses, how CYP may seek out sensory exploration depending on their | Occupational Therapy | Zipporah system Events Booking System (zipporah.co.uk) | Rolling programme of workshops – see booking system for dates. |

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| | preferences. | | | |
| Self-regulation - Early years, primary, secondary) | Workshop that explores what role sensory needs have on a CYPs ability to regulate their behaviour | Occupational Therapy | Zipporah system Events Booking System (zipporah.co.uk) | Rolling programme of workshops – see booking system for dates. |
| Sensory Resource Making | Practical, hands-on workshop where you can make your own sensory resources for your child. | Learning Support Service | Via Zipporah system Events Booking System (zipporah.co.uk) | There is one session per term - see booking system for dates. |

EMOTIONAL WELLBEING AND REGULATION

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| Reducing Barriers to Attendance/ Education | Opportunity to meet others parents and carers and understand what support is available in Salford if your child is struggling to attend school. | Educational Psychology, Primary Inclusion Team and Salford Parent Carer Forum | Monthly drop-in sessions, alternating virtual and in person meetings | <p>Tuesday 15th October 2024 10-12pm Community Room 2 Broughton Hub</p> <p>Wednesday 13th November 2024 10-12pm Community Room 3 Broughton Hub</p> <p>Wednesday 4th December 2024 10-12pm Virtual, Microsoft Teams</p> <p>Wednesday 15th January 2025 10-12pm Community Room 3 Eccles Gateway</p> <p>Wednesday 12th February 2025 10-12pm Virtual, Microsoft Teams</p> <p>Wednesday 12th March 2025 10-12pm Community Room 3 Eccles Gateway</p> <p>Wednesday 2nd April 2025 10-12pm Virtual, Microsoft Teams</p> <p>Wednesday 7th May 2025 10-12pm Community</p> |
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| | | | | <p>Room 3 Eccles Gateway</p> <p>Wednesday 11th June 2025 10-12pm Virtual, Microsoft Teams</p> <p>Wednesday 9th July 2025 10-12pm Community Room 3 Eccles Gateway</p> |
| Overcoming Your Child's Fears and Worries | Group programme for parents of children aged between 5 and 12 years old where the main concern is anxiety. Cognitive Behavioural Therapy (CBT) based approach to focus on changing the way adults around the child respond to anxious feelings by problem solving and creating shared goals and rewards. | Educational Psychology Service | <p>Parents / carers are unable to refer but they can discuss concerns with a professional who is working with their child.</p> <p><u>Access to Education - information for professionals•Salford City Council</u></p> | <u>Access to Education - information for professionals•Salford City Council</u> |

LEARNING

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| Understanding how my child learns | Workshop focused on how neurodivergent CYP may learn and what strategies approaches can be used to support their learning at home. | Educational Psychology Service | Via Zipporah <u>Events Booking System (zipporah.co.uk)</u> | <p>EYFS/Primary</p> <ul style="list-style-type: none"> • 17th October 2024 10-11.30am • 20th November 2024 6.30-8pm • 16th January 2025 10-11.30am • 13th February 2025 10-11.30am • 19th March 2025 6.30-8pm • 10th April 2025 10-11.30am • 15th May 2025 10-11.30am • 11th June 2025 6.30-8pm <p>Secondary</p> <ul style="list-style-type: none"> • 9th October 2024 6.30-8pm • 14th November 2024 10-11.30am |
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|--|--|--|--|---|
| | | | | <ul style="list-style-type: none"> • 23rd January 2025 10-11.30am • 12th February 2025 6.30-8pm • 27th March 2025 10-11.30am • 9th April 2025 10-11.30am • 21st May 2025 6.30-8pm • 19th June 2025 10-11.30am |
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SPEECH, LANGUAGE AND COMMUNICATION

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| An Introduction to Speech, Language and Communication skills in neurodivergent children | Workshop delivered by SLT for children over 5. | Speech and Language Therapist | Via Zipporah system Events Booking System (zipporah.co.uk) | <ul style="list-style-type: none"> • 14th October 2024 at 4pm • 4th December 2024 at 1pm • 5th February 2025 4pm • 3rd April 2025 at 2pm • 14th May 2025 at 1pm • 14th July 2025 at 4pm |
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| 4 Stages of Communication training | Online training sessions for parents/carers of under 5s with social communication difficulties. | Speech and Language Therapist | Via referral to SLT service Speak Up Salford How to Request Support | <p>Parent training 1: Explorer and Requester</p> <ul style="list-style-type: none"> • 15th September 2024 2pm • 29th October 2024 6:30pm • 29th November 2024 9:30am • Friday 17th January 2025 2pm • 25th February 2025 6:30pm • 26th March 2025 9:30am • 7th May 2025 9:30am • 10th June 2025 6:30pm • 11th July 2025 2pm <p>Parent training 2: Early Communicator and Partner</p> <ul style="list-style-type: none"> • 9th October 2024 9:30am-10:30am • 11th February 2025 6:30pm-7:30pm • 20th May 2025 9:30am-10:30am |
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WORKING WITH MY CHILD'S SETTING

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| Working with my | Workshop focusing on how to | Learning Support | Via Zipporah Events Booking | See events booking system for dates |
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| child's school | have successful conversations with settings to meet CYP needs. | Service | System (zipporah.co.uk) | |
| Understanding SEND drop-in sessions | Drop-in sessions to discuss any your child's education, the SEND Code of Practice and what should be in place to support their learning. | Salford Information and Advice Service (SIASS) | SIASS drop-in sessions | Weekly sessions available – see link for upcoming dates |

SUPPORT FOR PARENTS / CARERS & FAMILY HUBS

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| Salford Parent Carer groups | A range of sessions run by parents / carers for parents / carers | Salford Parent Carer Forum | What's on Salford Parent Carer Forum (salfordpcf.com) | Range of sessions are available |
| Salford Action for Autism (SAFA) | Parents / carers of autistic children | Voluntary group | SAFA Coffee morning - 07716868514 | Coffee mornings Saturday (except 1 st Saturday of the month) 10.45am-12.45pm at Swinton Gateway Family Hub |
| Polka Dots | Children with Disabilities Play & Stay sessions 0-10 years | Voluntary group | Book a place via polkadots_cwd@hotmail.com | Every Saturday of the month apart from 1 st Saturday 10.30am-12pm, Swinton Gateway |
| First Steps | Children with additional needs or disability 0-3 years | Early Help: Family Hub North Swinton Gateway | Register interest 0161 686 7235 | Register interest by calling 0161 686 7235 |

NEURODEVELOPMENTAL ASSESSMENT PATHWAY

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| Understanding the Assessment Pathway | Information session explaining the diagnostic assessment process and what happens once a CYP has been accepted for a | CAMHs and Community Paediatrics | Via Zipporah Events Booking System (zipporah.co.uk) | Booked via Zipporah events system once a child is progressed for a neurodevelopmental assessment. <ul style="list-style-type: none"> • 9th September 2024 1.30-2.30pm • 10th October 2024 9.30-10.30am • 11th November 2024 1.30-2.30pm |
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| | neurodevelopmental assessment. | | | <ul style="list-style-type: none">• 12th December 2024 9.30-10.30am |
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